

Return to Campus Manual

COVID - 19 Guidelines and Protocols





The pandemic has created a “new normal” that has forced everyone, including St. Thomas University, to be adaptive as we worked to reimagine the educational experience of our students. Fortunately, we are a community that is resilient, flexible, and mission driven. Over the course of the summer, the STU staff and faculty have been hard at work to develop an operational plan for the Fall 2020 semester that allows for a successful return to our beautiful campus.

With all aspects of campus life needing to be re-evaluated, I launched three task forces aimed at addressing specific areas of STU operations: academics, student life, and athletics. These task forces have created new policies, procedures, and protocols that will allow for us to have a successful return to campus this fall, while emphasizing safety and personal responsibility.

The culmination of these efforts is our STU Return to Campus Manual: COVID-19 Guidelines and Protocols. This document provides the framework on the measures that have and will continue to be taken across campus to mitigate risks and provide a welcoming campus and academic experience for our students. In addition to this plan, in-depth FAQs are also accessible surrounding specific areas of campus operations here:

<https://www.stu.edu/coronavirus-faqs-important-terms/>.

Most importantly, we value each and every STU community member, and their personal health and well-being, which this plan reflects. We look forward to your return in just under a month.

God Bless and Go Bobcats!

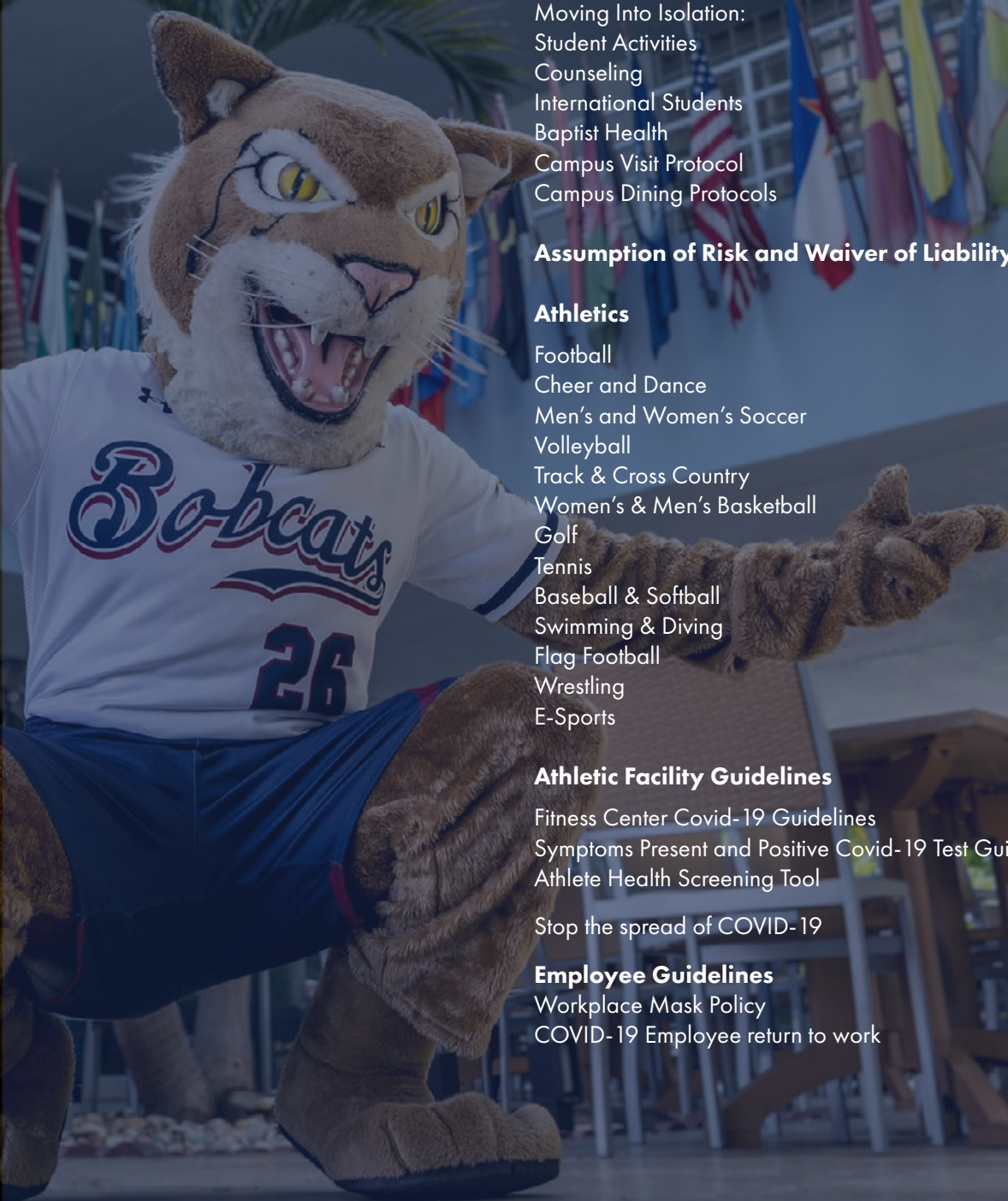
Sincerely,

David A. Armstrong, J.D.



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STU Guardian App

St. Thomas University values the safety and health of our community members. To maintain the most accurate information and to rapidly provide updates to our community surrounding COVID-19 matters, STU has purchased a new safety app that will be deployed this fall. The STU Guardian App will be utilized to provide quick access to COVID-19 resources from STU and from governmental agencies. This new app will allow for a daily screening of symptoms, a map of potential exposures on campus, reporting of those that are not following safety protocols and guidelines, notifications of positive tests within the STU community, and provide important information surrounding STU's continual response to COVID-19.

All community members are required to download the Guardian App, which will then prompt for STU credentials to be entered. Once registered, alerts will come via email, text, app notification, and voice call depending on the registered devices each individual enters into their personal profile.

Symptom Reporting, Contact Tracing, and Testing

Prior to their arrival on campus, all students will attest that they have either received a negative COVID-19 test or have had no illness or COVID-19 related symptoms within the past 10 days prior to their arrival on campus. All community members will also sign and submit the Assumption of Risk document provided in COVID-19 resource informational materials. For employees, these forms will be returned to HR in Dooner Hall and for students they will be returned Residential Life in the Student Center.

STU is requiring that all students, faculty, and staff conduct a daily, self-guided health check, which will screen for the standard COVID-19 symptoms as defined by the CDC. The STU Guardian app will be used to conduct the daily self-screen. Each member of the STU community will be required to answer the brief symptom reporting questions daily and will be reminded through an Alert from the STU Alert system to their registered devices.

This symptom-checking app offers an early detection system to help identify possible COVID-19 cases. Anyone — students, faculty or staff — who is potentially ill will be directed to stay home or in their living unit and referred to the appropriate health care resources. Those with any identified

symptoms will be provided the contact information for Baptist Health, who will conduct a pre-screening over the phone and will provide guidance as to the next steps.

Per NAIA guidelines, all student athletes will be tested prior to the beginning of their scheduled season. All other employees or students who are symptomatic will be referred to Baptist Health for a pre-screening to determine whether a COVID-19 test is necessary. If determined that a test is necessary, Baptist will refer the STU community member to an off-site testing location. If determined a test is not necessary, the community member still may receive a COVID-19 test at one of the free, off-site testing locations in the surrounding area. A comprehensive testing site list is available on the STU coronavirus page and through the STU Guardian App.

As soon as a suspected case of COVID-19 surfaces, we will institute a contact tracing protocol to identify those with whom the potentially sick individual came in close contact. Exposed individuals will be separated from the rest of the student body, housed in the quarantine quarters, and tested according to guidelines. If a positive COVID-19 test occurs, the STU community will be notified via email and through the STU Alert notification system. This notification will only provide basic information and will not disclose who the individual is that tested positive, per privacy laws. If it is determined that you were a potential, close contact of the individual testing positive, you will be notified through private communications of the potential exposure.



A woman with dark hair in a bun, wearing a black top and red plaid pants, is sitting on a grassy bank next to a small pond. She is holding an open book and looking down at it. The background shows a green lawn and some trees.

Return to campus Fall 2020: Academics

In general

1. Upon return to campus, students will be asked to sign an acknowledgement of their agreement to abide by health and safety measures.
2. Due to necessities of social distancing, commuter students will be strongly discouraged from coming to campus except on the days they have class on-ground or some other compelling reason to be on campus.
3. Students, faculty, and staff will be required to wear masks on campus, including inside the classroom and all common areas. All are asked to provide your own masks, either re-useable cloth or disposable paper materials. Refusal may result in sanctions. Faculty or staff may work without a mask only when alone in their assigned office.
4. Faculty office hours and meetings with students will be held typically via Zoom or other virtual means.

Classrooms

- Distance between seats has been measured and will preserve social distancing. The seats not in use will be "X'd out" or otherwise designated for non-use.
- In-person attendance will be reduced in each class, and some students may meet in person less frequently, depending upon the classroom capacity with social distancing. Capacity will be limited to 50% of traditional attendance.
- Capacity in Laboratories will be reduced as well.
- Disinfectant solution will be available in spray bottles in each classroom, and hand disinfecting stations will be positioned throughout campus.
- Classrooms with multiple doors will indicate entrance and exit, where feasible, to help coordinate the flow of traffic.
- Outside the classroom, nearby seating areas will be adjusted to accommodate social distancing by spacing tables out and, where necessary, removing seats. Additional seating areas have been added outdoors to allow for small group work and discussions.



Instruction: **BOBCAT** **GO!**

1. Across the University, in-person classes will be adjusted to allow for social distancing in the classroom.
2. In-person classes will incorporate hybrid instruction, so that students who are away from the classroom can view and participate via synchronous Zoom technology.
 - At the Law School, the class schedule has been modified, too, which allows for smaller, socially distanced classes.
3. All classes will conclude in-person requirements by Thanksgiving, and the remainder of classes/exams may be completed online.
 - At the Law School, all classes will end before Thanksgiving and final exams will occur consistent with the usual schedule after Thanksgiving.
4. In preparation for Fall, STU Faculty are training in the latest technology, so that video through Zoom, classroom materials through our online platform (industry leading Canvas), and other resources will provide even greater support for student learning. At the Law School, we are partnering with Harvard for our Introduction to Legal Studies program, an intensive pre-orientation program provided to enhance learning.
5. Further, Faculty are training in “Quality Matters” – an industry-standard, third-party standard for excellence in online learning.
6. Faculty are building in maximum flexibility for learning this Fall, to maximize the likelihood of continued student progress, no matter what.
7. Across the University, STU Faculty are equipped, via multiple modalities, to provide one-on-one personalized feedback for students to learn and grow.

Libraries (Main Campus and Law Library)

- Tables will be spaced to accommodate social distancing.
- The number of chairs available at tables will also be reduced.
- Groups working together in library study rooms will be limited to accommodate social distancing, depending on the size of the study room.



Student Affairs



Covid-19 Guidelines and Protocols

Residential Life

All residential students will be required to sign a housing addendum to their initial contract that states that they understand the new rules and regulations that are being put into place as precautionary measures in response to COVID-19. Changes of note include:

- Institution of a campus wide curfew. Non-residential students will need to leave campus by midnight and residential students will need to return to campus by midnight. Those students who do not return will be permitted back on campus but will be referred to the student conduct process.
- There will be no outside visitation in the residence halls.
- Each residential student is limited to one STU guest at a time in their residence hall room.
- Students are required to wear facial coverings while in any community space or hallways in the residence halls.
- Each residence hall will have one centralized point of entry; the other entrances will be locked but may be used for exiting. If doors are propped, the student found doing so will be put through the student conduct process.
- There will be no residence hall room moves, unless necessary for safety or medical reasons.
- Lounges in the residence halls will be capped to no more than 10 people.
- Elevator usage will be limited to two people at a time.
- Laundry rooms will be limited to two people at a time.
- Failure to adhere to these standards may result in conduct charges, up to and including removal from housing.

The Residential Life team will manage each centralized entrance during the evening hours and will ensure that only residents and their designated STU guests are in the building. All guests will sign in with the desk monitor with their name, ID number, and what room they are going to. Additionally, staff on campus will be utilized in an Administrator on Call program, to serve in a professional staff rotation. Upon curfew, the AOC or other Residential Life staff member on duty will ensure that all non-residents have left the building.

Community spaces and other high touch areas within the residential facilities will be cleaned at least twice daily and in accordance with CDC and ACHA (American College Health Association) guidance. Hand sanitizers will be placed at the entrance of each building and on each floor of every residence hall. Social distancing should be recognized in all common areas of the residence halls. Water fountains will be deactivated, but bottle fill stations will remain available.

If a student is symptomatic or tests positive for coronavirus, the student will be encouraged to go home for their required quarantine period, if possible. Those students within driving distance from STU will be expected to return home during their quarantine period. Students will be referred to Baptist Health who will conduct a virtual screening to determine whether not a student needs to obtain a COVID-19 test at an off-site location. STU will maintain a quarantine facility at the monastery that will have 15 private rooms and bathrooms but will be used only as necessary. If a student is quarantined on campus, the Residential Life team will bring all meals to the student while taking appropriate precautions.

Move-in Procedures

Move in timeframes are being expanded to have additional days, to reduce the density on campus during move-in. These expanded offerings will be for both athlete move in as well as non-athlete move in. The Residential Life team has developed an appointment system that gives families a two-hour block of time to complete their student's move-in. This appointment system has been structured to ensure that no more than a set number of families will be moving in at one time. During move-in, the student will be allowed to have two guests with them. Any additional people will be restricted from being on campus. All visitors to campus must wear a mask.

We will not be providing volunteers to assist with move in and will not be providing use of carts or other moving assistance tools. The elevators in the buildings will be limited to one family at a time. Upon arrival in their respective residence hall room, the student will receive a packet of helpful information surrounding proper hygiene, new rules/regulations, safety precautions, and sanitation suggestions, as well as a mask and hand sanitizer.



Quarantine & Isolation 101 for Fall 2020

Updated: 7/27/2020

Please note that this document is intended to provide guidance for students traveling to St. Thomas University campus and moving into the residence halls in for Fall 2020 semester.

Quarantine Requirements

All international students must quarantine upon their entrance inside the United States, per CDC guidelines. If you are sick or have had a positive Covid-19 test, you should not return to campus until symptoms have resolved or you have received a negative Covid-19 test, but then must still complete your required quarantine period. This quarantine requirement can be completed in your assigned residence hall room. If you are a non-residential student, you must conduct your required quarantine at your off-campus housing location.

Residential, international students may elect to arrive early on campus to begin their quarantine period prior to the start of the academic year. If a student elects to do so, they must notify the Office of Residential Life with their proposed move-in date and time to get approval. A second option is for an international student to move-in during the traditional move-in dates and then completing their quarantine requirements during the first two weeks of the semester, while attending all classes virtually until their 14 day quarantine is concluded.

Before Arrival:

- Residents are permitted two helpers to assist with moving in; however, visitors must take personal responsibility for complying with advisories and regulations in the best interest of public health and safety. All residents and their helpers must wear masks while on campus.
 - ◇ Please choose your helpers carefully. We will not be tracking your helper's status at move-in, but we urge you to recognize that their presence affects the health of our community members. Everyone entering campus will be subject to a temperature reading, if the reading is above 100.4 degrees Fahrenheit, the person will not be allowed on campus.
- To the extent possible, purchase and pack sanitizing and cleaning supplies and bring them with you for move-in. Students may also pre-purchase and have these supplies delivered to the residence hall.
 - ◇ **IMPORTANT NOTE: Do not flush** disinfectant wipes (i.e. Clorox or Lysol wipes) down the toilet
- Residents must bring a supply of face masks and a thermometer with them for use throughout the semester.**
- Residents will be provided a Welcome Kit with sanitizer and one reusable mask.
- Students will be required to schedule a move-in time with Residential Life.

During 14-Day Traveler Quarantine:

Residents will need to remain in their room upon their arrival at the residence hall for 14 days. The resident must not be in public or otherwise leave their assigned suite.

- Unfortunately, this means that residents cannot participate in any in-person programs, activities, or Orientation events until the 14-day quarantine has expired. There will be virtual formats of events for students in quarantine to participate in.
- Residents cannot use elevators or common stairwells and must stay indoors.
- Roommates/Suitemates are considered members of a "family group" or "household" and can share the

bathroom, and common spaces within their suite. However, suitemates should limit direct contact as much as possible until the 14-day quarantine period has expired.

- Residents should follow [hygiene and cleaning best practices as recommended by the CDC](#) and frequently disinfect commonly touched surfaces like bathrooms, faucets, doorknobs, light switches, etc.
- Residents are able to prepare food in their room/suite or order delivery. Residents cannot go down to the lobby to accept food deliveries; Metz or Residential Life staff will deliver food during specified time windows each day.
- Residents must bring a thermometer with them and check their temperature every day during the 14- day period. If at any time the resident's temperature is above 100.4 degrees Fahrenheit (38 degrees Celsius) the resident must notify the Office of Residential Life & Housing at reslife@stu.edu.
- Should a resident develop a fever or other [COVID-related symptoms](#), they must immediately alert the University by emailing the Office of Residential Life & Housing at reslife@stu.edu. Residents should also text the Administrator on Call at **786-258-1199**. Residents will then be required to immediately relocate to one of the identified isolation rooms and will be provided the contact information for Baptist Health to have a Covid-19 screening.
- An STU staff member will drop off mail or packages outside the students' doors as needed.
- Virtual programming will be offered to encourage socializing and online connections between residents who are quarantining. Students should check with the Office of Student Life for a schedule of events. Additionally, Resident Advisors (RAs) will hold virtual events for residents.

After 14-Day Traveler Quarantine:

After the end of the 14 days, if students have not developed any [symptoms of COVID-19](#), they are allowed to leave their rooms and participate in activities in accordance with the University's Health & Safety guidelines, the STU Housing Addendum, state and local guidelines, and public health directives.

Isolation Procedures for Students Who May Become Ill During Quarantine:

Should a student test positive for COVID-19 or develop COVID-19 symptoms during the mandatory traveler quarantine period, isolation procedures are as follows:

Moving Into Isolation:

Notifications:

- Should a resident develop a fever or other [COVID-related symptoms](#), they will need to immediately alert the University by emailing the Office of Residential Life & Housing at reslife@stu.edu. Residents should also text the Administrator on Call at **786-258-1199**.
- Residential Life will notify the student that they need to move into an identified isolation space.
- Students who are able to go home will be encouraged to do so instead of isolating in the residence hall—please note students **should not** travel on mass transit or airplanes to do so.
- Residential Life will work with students who wish to remain on campus to implement quarantine procedures.
- Residential Life will alert Public Safety that the student will be isolated at the Monastery.
- Residential Life will notify suitemates that the student is moving to isolation. Suitemates will be asked to vacate the space while the student packs their personal belongings. If it is determined that a residential student must quarantine, Housekeeping will clean that student's room and the common areas of the suite.
- The student's roommate will be contacted by STU Health to conduct contact tracing to determine whether quarantine will be required on their part.
- Quarantine protocol will apply for roommates/suitemates if it is determined that they have had close contact with the individual who has tested positive. If the entire room or suite needs a quarantine period, their existing room may serve as the quarantine facility.
- The student will need to collect necessary belongings (clothing, chargers, laptop, etc.) from their room and leave

for the quarantine space as quickly as possible and within 12 hours.

- Should additional personal items be needed, Residential Life staff or a friend can FaceTime (or other video conferencing platform) the isolated student to collect items, and then drop a bag outside the quarantine apartment/suite.

During Quarantine:

- Student must stay in assigned quarantine room and cannot access elevators or common spaces in the residence hall.
- Meals will be taken to Monastery by a resident assistant.
- The Residential Life team will call the student daily to check in. If student needs to contact the Resident Assistant On-Duty for an emergency, they should call Public Safety at 305-628-6500 and Public Safety will notify the on-call staff member.
- Should the isolated student need to leave the building to visit their doctor/urgent care, they must contact Residential Life.
- Student must wear a mask at all times they are interacting with any other person on the STU campus.
- The student is responsible for notifying their professor's that they will be completing their courses virtually during their quarantine period. The student will be expected to keep up with course curriculum and assignments during their quarantine.
- Students in quarantine will need to consult with Residential Life and the Student Health Center about the expiration of their quarantine period. The student may return to their normally assigned room and to campus under the following conditions:
 - A. If the student tested positive, **all of the following** must be met:
 - i. Three (3) consecutive days with no fever and no fever reducing medicine, i.e. Tylenol, Advil, Aleve; AND
 - ii. Respiratory symptoms have improved (e.g. cough, shortness of breath); AND
 - iii. At least ten (10) days since symptoms first appeared.
 - B. If the student had symptoms but tested negative:
 - i. 72 hours since the symptoms have elapsed with no use of any medication.
 - C. If the student came into a close contact with an individual who has tested positive:
 - i. 4 days after the close contact and no symptoms exist OR the student obtained a negative Covid-19 test.



Student Activities

All student activities will follow CDC guidelines, including use of PPE and social distancing where possible. As many programs as possible will be held outdoors, and if indoors, will be limited in capacity. Non-STU students will not be allowed to attend campus activities. Students will check in at each event, be provided hand sanitizer, and their temperature will be taken. If a student has an elevated temperature they will be asked to leave and provided the number for Baptist Health to conduct a virtual symptom screening.

**Week of Welcome events will implement social distancing and adhere to county guidelines surrounding group size limits.*

Counseling

Counseling sessions will remain in a virtual format through telehealth appointments, as has been done throughout the summer. If an emergency exists or a student needs to see a mental health counselor in person, exceptions will be made to the telehealth requirement.

International Students

International students will have different requirements based on where they are from. With some countries restricting travel until after the semester begins, many will begin the semester virtually from their home country. Once a student can return to the United States, a case by case analysis will be conducted to determine whether the student should be required to quarantine for a period of time. This analysis will be based upon the country they are returning from, the impact COVID-19 has had on the respective country, and CDC requirements for travel. If it is determined that a student is required to quarantine, they will be encouraged to quarantine off campus if possible, but will be provided a space in the monastery if no other options exist.

All study abroad and volunteering programs that traditionally would be overseas will remain inactive for the time being. Overall, travel should remain limited. University officials are monitoring travel advisories through the CDC at <https://www.cdc.gov/coronavirus/2019-ncov/travelers/from-other-countries.html>

Baptist Health

Any person wishing to access services offered by Baptist Health in the Health Center will need to make an appointment. There will be no walk-ins accepted until further notice. Once an appointment is made, Baptist staff will conduct a pre-screening of the patient via phone prior to their arrival at the clinic.

Upon arrival, staff will provide the patient with appropriate PPE and will read their temperature before allowing the patient in the building. If contacted regarding COVID-19 symptoms, Baptist staff will screen the student over the phone and refer them to off-site testing locations, if their symptoms align with the coronavirus. If Baptist practices change and they begin testing at their facilities, they will advise the University.

Campus Visit Protocol

To facilitate campus visits, safety measures are being implemented. Only one family will be allowed in each golf cart at a time. Athletic coaches will handle all campus tours for athletes, while admissions team members will handle all other visits.

Any potential visitor or employee that is showing any symptoms of Covid-19 or who does not feel well should not be on campus. All entrants to campus are subject to infrared temperature readings.

During all campus visits the following guidelines are to be strictly followed, including but not limited to CDC recommendations <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

- Wear personal protective equipment (PPE) while on campus, all guests are encouraged to bring their own masks with them. The University will have additional PPE available for purchase.
- Honor social distancing requirements by keeping 6 feet apart.
- Do not shake hands. Instead, the STU greeting will be throwing the Bobcat claw.
- Allow tour guides, who will be provided gloves, to open doors.
- Tours will be limited in size, please only bring necessary family members.
- Wash your hands regularly, for 20 seconds.
- Avoid contact with your face.



Campus Dining Protocols



Metz

Metz will follow closely the Miami-Dade County orders regarding reopening, cleanliness practices, and capacity limits. Metz will also be introducing a new App allowing pre-orders at the Rathskeller, that will help reduce traffic and loitering. All seating in Einstein's will be removed, as the space is too small for any level of congregating.

Bobcat Cafeteria Meal Periods & Hours of Operation:

- Breakfast: Monday-Friday: 7:30am-9am
- Lunch: Monday-Friday: 11:30am-2pm
- Dinner: Monday-Friday: 4:30pm-6:30pm, Saturday & Sunday: 4:30pm-6:30pm
- Brunch: Saturday & Sunday 11am-1pm

Rathskeller Meal Periods & Hours of Operation:

- Lunch: Monday-Friday: 11:30am-2pm
- Dinner online order ahead only: Monday-Thursday: 6pm-11pm, Friday-Sunday: 5pm-10pm
- Einstein's Hours of Operation: Monday-Thursday 7:30am-6:30pm, Friday 7:30am-4:30pm

Law School Café Hours of Operation:

Lunch only Monday-Friday: 11:30am-2pm

Metz will be using the Law School Café for Lunch Service only Monday-Friday, as an additional serving station.

- Cafeteria occupancy will be in alignment with Miami-Dade County Orders.
- Metz will take temperatures of all employees as arrive in designated location. Anyone with a temperature of 100.4 degrees or higher will be sent home.
- Masks will be mandatory for all employees, unless they are in positions that are isolated from staff/guests.
- All staff are always to wear gloves when involved in operations.
- All cashier stations and food stations to include "plexi-shields" to separate space from guests.
- All areas will include floor markers identifying 6-foot social distancing for lines.
- All entry points will include hand sanitizing stations and signage reminding all guests to use sanitizer upon entry/exit.
- Metz marketing signage will all include messaging regarding guest safety and responsibility.
- Access will be limited for all locations to allow for social distancing.
- Metz will make "to go" meals available by an online order through Rathskeller for dinner.
- No service stations will be self-service, including the salad bar, grill, pizza, and beverage stations.
- Condiments will no longer be provided in bulk locations. They will be controlled at each service point and provided directly to guests and students upon request by a Metz server.
- Student access will be controlled at entry point to restrict crowding.
- One entrance and 1 exit will be designated.

Assumption of Risk and Waiver of Liability (COVID-19)

The novel coronavirus ("COVID-19") has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly through person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. St. Thomas University has put in place preventative measures to reduce the spread of COVID-19; however, we cannot guarantee that you or your child will not become infected with COVID-19.

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you and/or your child may be exposed to or infected by COVID-19 by attending programs offered by the university and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. You understand that the risk of becoming exposed to or infected by COVID-19 at the university may result from the actions, omissions, or negligence of yourself / your child or others, including, but not limited to, staff, coaches, volunteers, and program participants and their families.

You voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to yourself or your child (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that you or your child may experience or incur in connection with you or your child's attendance at any university sponsored programming ("Claims"). On your behalf, and on behalf of your child, you hereby release, covenant not to sue, discharge, and hold harmless St. Thomas University, Inc., its corporate members, and all of their current, former, and future agents, representatives, members, employees and affiliated entities (collectively, "the University") of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. You understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the University, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any University program.

Signature of Parent/Guardian
(Required if Student is under 18 years of age)

Signature of Student

Print Name of Parent/Guardian

Print Name of Student

Date: _____

Date: _____

A basketball player with dreadlocks and a black headband is shown from the chest up, wearing a red long-sleeved jersey with "BOBCAT" and a bobcat logo, and "BASKETBALL" below it. He is holding a basketball with both hands. The background is a gymnasium with a wooden floor and metal trusses.

Athletics

STU Athletics is excited to be moving forward with Fall 2020 athletic competition. This past week the Sun Conference announced its intent to compete in athletics this fall, following a meeting of the conference's Council of Presidents. The Sun Conference released the following statement:

"The safety of our student-athletes, coaches, and fans is and will remain our top priority. The Conference Return to Play Task Force, which is comprised of leading healthcare professionals and administrators in the conference and has utilized on the very best medical resources, has met each week since late April to develop stringent protocols for safe competition. In addition, each member has been required to create and submit a detailed COVID-19 institutional handbook to ensure each athletic department is adhering to expected guidelines."

In addition, per NAIA requirements, all student athletes will be required to undergo a COVID-19 test prior to the beginning of their respective athletic competition. The STU Athletic Training department will monitor all athlete symptoms and refer for testing, as necessary. Each individual sport has been reviewed and below are the new protocols and precautions submitted in the STU COVID-19 institutional handbook for the safety of our STU student athletes.

Athletic Training - First and foremost we will align with University, CDC, and Local Public Health guidelines and requirements. The State of Florida Phase Plan to re-opening will be considered in the decisions being made in the STU Athletics Department.

- All Staff will use PPE including facemasks and nitrile gloves.
- All Athletes will use facemasks when inside the Athletic Training Room.
- All athletes will maintain social distancing while receiving treatments inside the Athletic Training Room.
- Athletes waiting for services in the training room will wait in the hallway while maintaining social distancing. There are marks on the floor to assist with this practice.
- Infrared temperatures will be taken on each athlete seeking services prior to receiving treatment.
- Athletes entering the Athletic Training Room must use hand sanitizer in the hallway prior to entering.
- All surfaces will be disinfected immediately after treating each athlete.
- Certified Athletic Trainers will use hand sanitizer and/or wash hands between each patient.
- All Pre-participation exams will be completed by each athlete's personal physician prior to arriving at STU to avoid long lines and large groups waiting together.
- A symptom questionnaire will be completed by each athlete before their return to campus. Any affirmative answers will be "flagged" and the athlete will be referred for follow up.
- Any athlete testing positive for COVID will be quarantined in accordance with university guidelines.
- In the event of increased number of cases, the team physician, sports medicine staff and university officials will be consulted about halting practicing and competitions.

Sport Specific Guidelines

Football

- Players use locker room in 4 different groups. 3 open lockers are to be between each player while in the locker room. Once players are dressed, they will not return to locker room until after practice.
- Players will use face masks when not on the field.
- After practice, players will use the locker room in 4 different groups. The same as before practice.
- Position group meetings are held in small groups. Facemasks are worn.
- All meetings will be held with masks worn and social distancing maintained.
- Pre-practice temperature checks will be conducted.
- Mouth pieces will be required to be attached to the helmets to limit the players touching them with their hands.
- Hydration equipment will be wiped down with disinfectant every 15 minutes.
- All practice equipment and footballs will be wiped down with disinfectant daily.
- The locker room and player equipment will be sprayed with disinfectant daily.
- The locker room will be treated with a disinfectant "grenade" weekly.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Game day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines

Cheer & Dance

- Athletes are required to wear a mask.
- Each athlete will have their temperature checked daily.
- Athletes must change into their competition shoes after they arrive at the venue.
- Mats are cleaned before and after activities.
- Athletes will maintain physical distancing of at least 6 feet at all times.
- Athletes will use hand sanitizer before and after practice. Also, during breaks, as well.
- Athletes will bring their own individual water bottle.

Men's & Women's Soccer

- Players will use the locker room in different groups prior to and after practice and games to maintain social distancing.
- Players will use masks while not on the field.
- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times when not involved in a game.
- Athletes will use hand sanitizer before and after practice. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- The Soccer balls will be sanitized after practice or games.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Game day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines

Volleyball

- Players will use the locker room in different groups prior to and after practice and games to maintain social distancing.
- Players will use masks while not on the court.
- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times when not involved in a game.
- Athletes will use hand sanitizer before and after practice. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- Volleyballs will be sanitized daily after use.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Game day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines
-

Track & Cross Country

- Athletes are required to wear a mask prior to running
- Each athlete will have their temperature checked daily
- Athletes will maintain physical distancing of at least 6 feet at all times
- Athletes will use hand sanitizer before and after practice and meets. Also during breaks, as well.
- Athletes will bring their own individual water bottle.

- Travel- TBD, but will be in accordance with Conference guidelines.
- Meet day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines

Women's & Men's Basketball

- Players will use the locker room in different groups prior to and after practice and games to maintain social distancing. Locker rooms will be cleaned twice daily.
- Players will use masks while not on the court.
- Each athlete will have their temperature checked daily.
- Athletes will always maintain physical distancing of at least 6 feet, when not involved in a game.
- Athletes will use hand sanitizer before and after practice and during breaks.
- Athletes will bring their own, individual water bottle.
- Basketballs will be sanitized after being used.
- Players will bring their own, individual towel.
- An extra rental car will be taken for road trips in the event an athlete gets sick while traveling.
- Team meetings will be held in large classrooms to have space for social distancing.
- Game day- TBD but will be in accordance with Conference guidelines.
- Fans- TBD but will be in accordance with County, City, and University guidelines.

Golf

- Athletes are required to wear a mask prior to playing.
- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times.
- Athletes will use hand sanitizer before and after practice and matches. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Match day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines.



Tennis

- Athletes are required to wear a mask prior to playing.
- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times.
- Athletes will use hand sanitizer before and after practice and matches. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Match day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines.

Baseball & Softball

- Players will use the locker room in different groups prior to and after practice and games to maintain social distancing.
- Players will use masks while not on the field.
- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times when not involved in a game.
- Athletes will use hand sanitizer before and after practice. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- Equipment will be sanitized after use.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Match day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines.

Swimming & Diving

- Swimmers and Divers will use the locker room in different groups prior to and after practice and games to maintain social distancing.
- Swimmers and Divers will use masks while not in the pool.
- Each athlete will have their temperature checked daily
- Athletes will maintain physical distancing of at least 6 feet at all times when not involved in a meet or practice.
- Athletes will use hand sanitizer before and after practice. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- Equipment will be sanitized after use.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Match day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines.

Flag Football

- Players will use the locker room in different groups prior to and after practice and games to maintain social distancing.
- Players will use masks while not on the field.

- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times when not involved in a game.
- Athletes will use hand sanitizer before and after practice. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- The footballs will be sanitized after practice or games.
- Travel- TBD, but will be in accordance with Conference guidelines.
- Game day- TBD, but will be in accordance with Conference guidelines.
- Fans- TBD, but will be in accordance with County, City and University Guidelines.

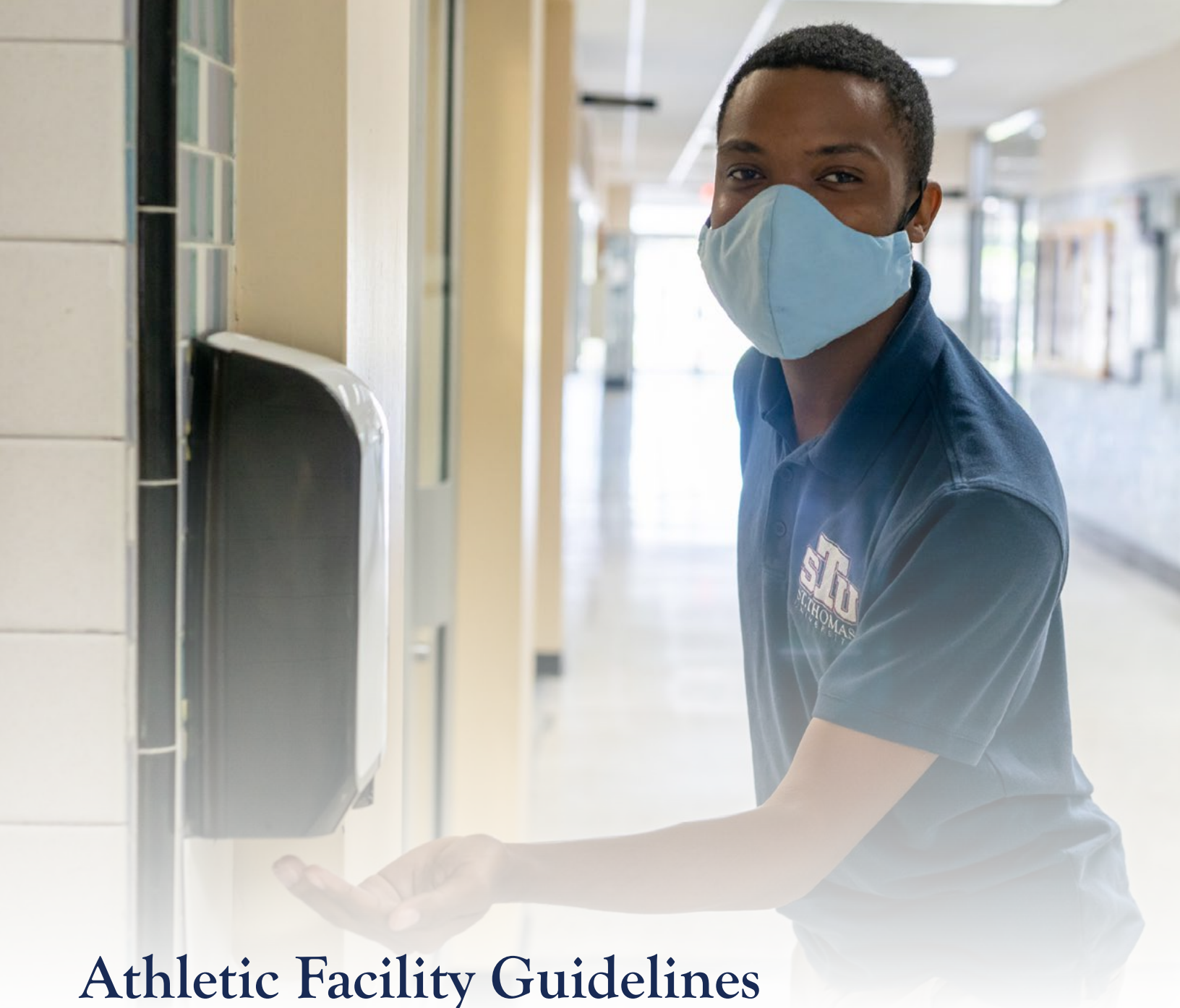
Wrestling

- Wrestlers will use the locker room in different groups prior to and after practice and games to maintain social distancing.
- Wrestlers will use masks while not in the wrestling room.
- Each athlete will have their temperature checked daily.
- Athletes will maintain physical distancing of at least 6 feet at all times when not involved in a meet or practice.
- Athletes will use hand sanitizer before and after practice. Also during breaks, as well.
- Athletes will bring their own individual water bottle.
- Mats will be cleaned and disinfected prior to and after use
- A shoe disinfectant pad will be used prior to stepping on the mat.

E-Sports

- Masks will be required at all times in the e-sports room.
- All gaming equipment will be sanitized after use.
- Gamers will maintain at least 6 feet of distance at all times while in the e-sports room.





Athletic Facility Guidelines

Venue Guidelines: Outdoor Fields and Courts

- Masks must be worn while arriving and leaving the Fields and Courts.
- Social distancing must be maintained at all times.
- No organized games or scrimmages allowed.
- Wash hands prior to and after working out.
- A hand sanitizer station is placed near each field and court and also the batting cages for frequent use.
- Avoid touching your eyes, nose, and mouth.
- Clean and Sanitize equipment prior to and after use.
- Stay home if you do not feel well.



Fitness Center Covid-19 Guidelines

- Masks must be worn while arriving and leaving the Fitness Center.
- Social distancing must be maintained at all times.
- No more than 10 individuals are allowed in the Fitness Center at the same time.
- The Fitness Center will be cleaned and disinfected by the Athletic Training Staff at the beginning of the day, the middle of the day, and at closing time.
- Individual users of the Fitness Center must clean and disinfect each piece of equipment immediately after using it with the provided disinfectant.
- Wash hands prior to and after using the Fitness Center.
- A hand sanitizer station is placed inside the gymnasium near the fitness area for frequent use.
- Avoid touching your eyes, nose, and mouth.
- Stay home if you don't feel well.

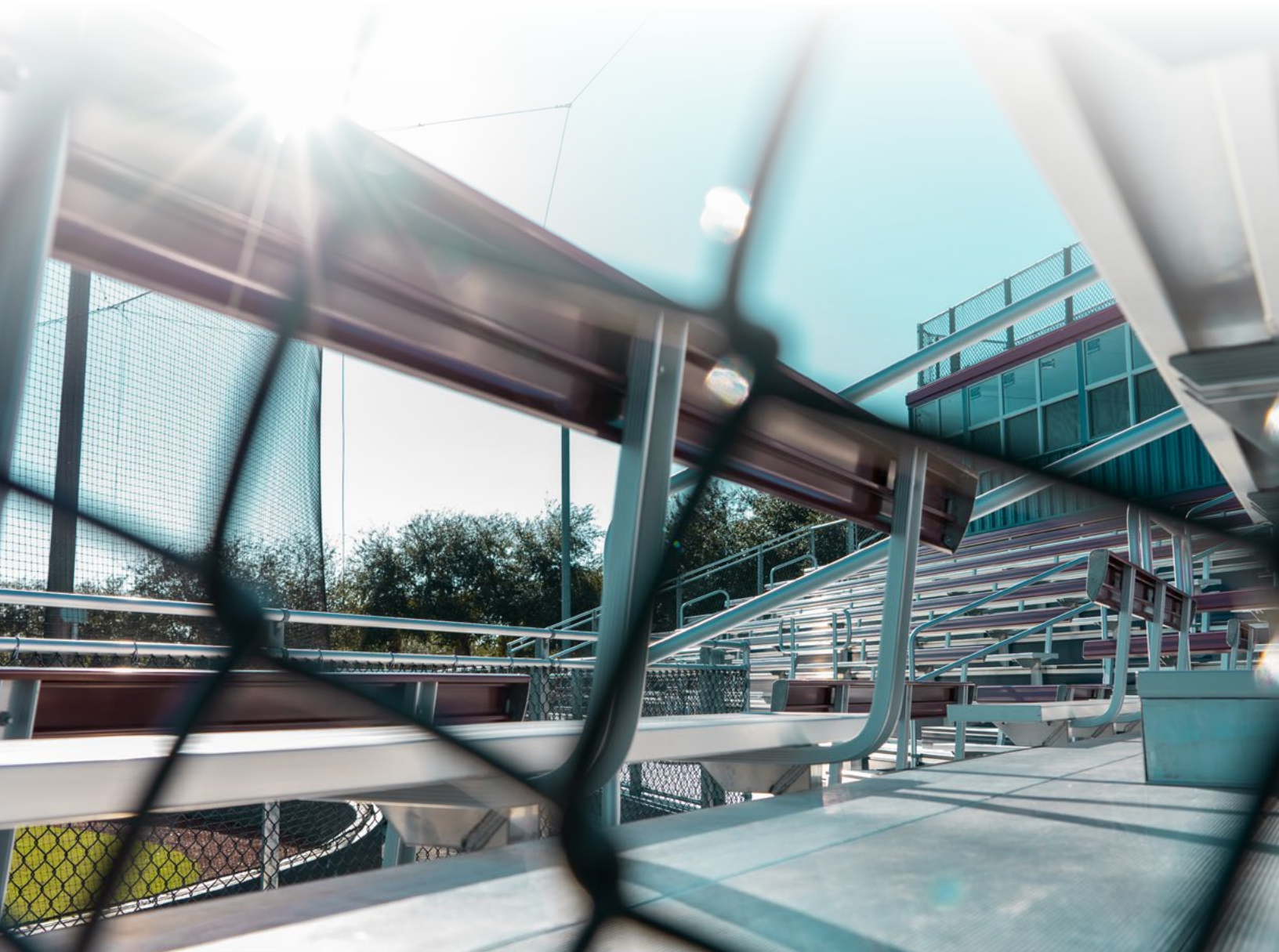
Athlete Weight Room Covid-19 Guidelines

- Masks must be worn while arriving and leaving the Weight Room.
- Social distancing must be maintained at all times.
- No more than 10 individuals are allowed in the Weight Room at the same time.
- The Weight Room will be cleaned and disinfected by the Weight Room Staff at the beginning of the day, on every hour, and at closing time.
- Individual users of the Weight Room must clean and disinfect each piece of equipment immediately after using it with the provided disinfectant.
- Wash hands prior to and after using the Weight Room.

- A hand sanitizer station is placed inside the Weight Room for frequent use.
- Avoid touching your eyes, nose, and mouth.
- Stay home if you don't feel well.

Symptoms Present and Positive Covid-19 Test Guidelines

- If an athlete presents with an elevated temperature or if they have COVID symptoms present, they will immediately be isolated from everyone.
- They will be referred to the on-site Baptist Health Clinic to receive direction on testing.
- On receipt of a positive test. Contact tracing will occur with symptom monitoring and isolation of the appropriate individuals.
- The University guidelines will be followed for quarantine from other students.
- Athlete will not be able to come back to practice or competition until a release from a physician is issued.



Athlete Health Screening Tool

Name: _____ Date: _____

Have you had any symptoms of a fever in the past 24 hours such as chills, sweats or had a temperature that is 100.4 or greater?

Yes

No

Do you have any of the following symptoms?

Cough

Shortness of Breath or Chest Tightness

Sore Throat

Nasal Congestion/ Runny Nose

Body Aches

Loss of Taste and/or Smell

Diarrhea

Nausea

Vomiting

Fever/Chills/Sweats

Have you travelled internationally or outside the state in the last 14 days? Or, have you had any close contact in the last 14 days with someone with a diagnosis of COVID-19?

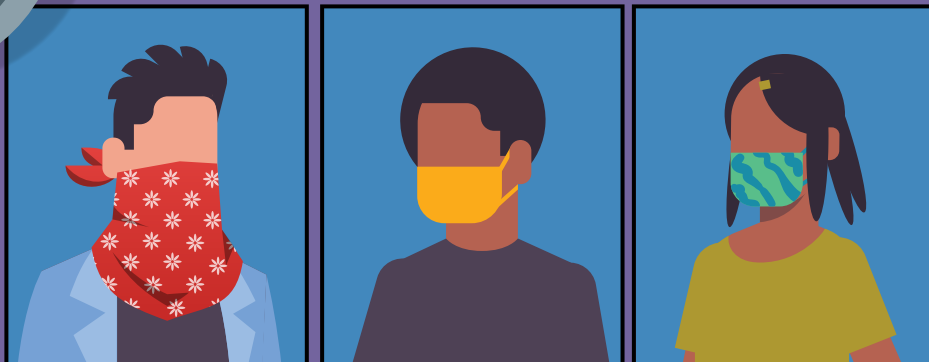
Yes

No

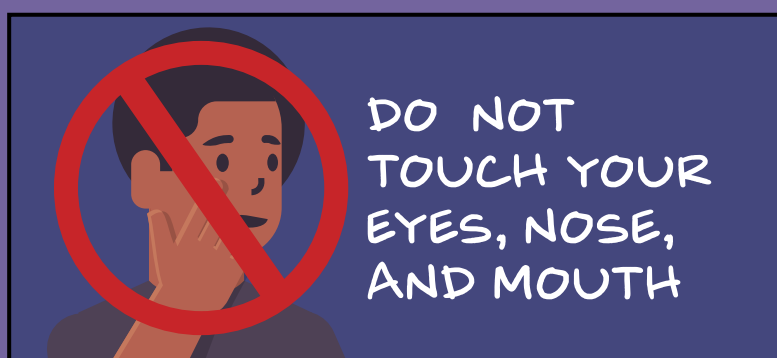
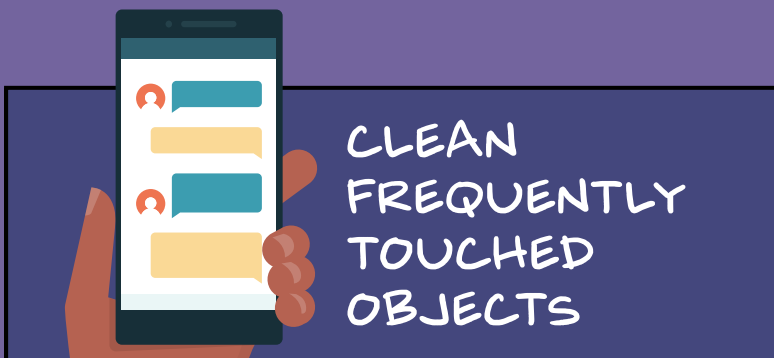
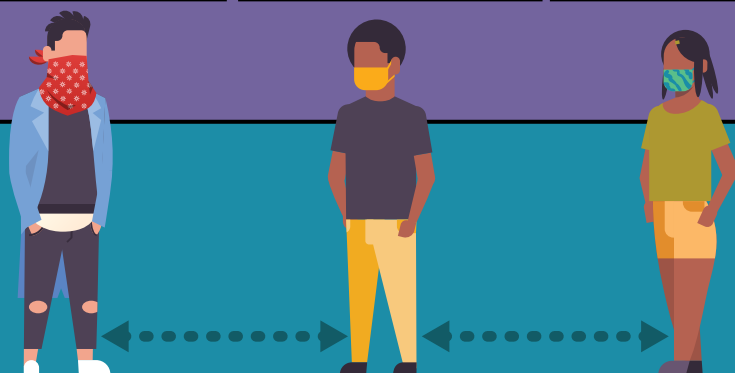
Slow the Spread of COVID-19



WHEN OUT WITH YOUR FRIENDS,
WEAR A CLOTH FACE COVERING



AND STAY
6 FEET APART
FROM OTHERS



cdc.gov/coronavirus

Employee Guidelines

COVID-19 Self-Screening Instructions for Employees

PLEASE PRINT OUT AND USE AS A REFERENCE WHEN CONDUCTING SELF-SCREENING

All faculty, staff and contractors associated with St. Thomas University are **REQUIRED** to conduct a **COVID-19 Self-Screen** every day before coming to work by taking their temperature and assessing various health symptoms. These symptoms include:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shacking with chills
- Muscle Pain
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish or a measured temperature of greater than or equal to 100.4 F
- Headache

- * After screening for the symptoms listed above, if an employee believes that he or she may have new or worsening symptoms of possible COVID-19, he or she **MUST** stay at home; **REPORT** their absence to their supervisor; and **COMPLETE STU's Health Form**. If symptoms continue or progress, they should contact their healthcare provider for medical advice.

Employees diagnosed with COVID-19, or experiencing new or worsening symptoms listed above may not return to work until:

- * At least 72 hours have passed since recovery from illness, as defined by absence of fever without the use of fever-reducing medications; AND
- * Improvement in respiratory symptoms (e.g. cough, shortness of breath), AND
- * If the employee has symptoms that could be COVID-19, they must contact their health care provider and request a COVID-19 test. The individual must test negative for COVID-19 prior to returning to work.

Employees with known close contact to a person who is lab-confirmed to have COVID-19 are not allowed to return to work until the end of a 14-day, self-quarantine period from the last date of exposure.

ALL INDIVIDUALS CONSIDERED AT HIGHER RISK should work with their supervisors to determine an appropriate course of action. Employees should visit the CDC website to determine if they are at greater risk. Upon a determination of higher risk status, the employee must complete the short-term telecommuting agreement and submit to HR for review.

Your cooperation in conducting the daily self-screening and abiding by guidelines for staying at home and returning to work are important to making STU a healthier and safer place for all.

All employees must bring and wear a facemask. As the University obtains additional PPE, they will be made available

While on campus, the following guidelines are to be strictly followed, including but not limited to CDC recommendations: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

- Wear personal protective equipment (PPE) when in common spaces or communicating with others in person. While in your personal office alone, this is not required.
- Honor social distancing requirements by keeping at least 6 feet apart.
- Do not shake hands. Instead our greeting will be using the Bobcat claw.
- Keep as many meetings virtual as you are able.
- Limit gatherings on campus to no more than 10 individuals.
- Lunch breaks must be taken outside with proper social distancing or in your private office.
- Wash your hands regularly, for 20 seconds.
- Avoid hand contact with your face.
- Disinfect highly contacted surfaces on a regular basis.

***Failure to adhere to employee protocols may be subject to disciplinary action, up to and including termination**

Workplace Mask Policy

The health and safety of employees is our highest priority. All employees are now required to wear a mask or cloth face-covering that always covers his or her mouth and nose * while in the workplace.

****Please note the following exceptions:***

- Employees who work in their own personal enclosed space (e.g. their own office) are permitted to remove their mask if they are seated at least six feet from the doorway. However, they must wear their mask or face covering at all other times.
- Employees who wish to eat or drink may remove their mask to do so, provided they are situated six feet away from others, perform the necessary hygiene, and replace the mask when they are done.

Masks/facial coverings are required to be allowed entry to the campus. Public Safety should adhere to the following guidelines:

Employees who do not have a mask will be directed to HR where they will be able to *purchase a mask for \$1.00*. Guests who do not have a mask will be given one by Public Safety. Contractors who do not have a mask will be referred to Eric Wilkymack. *Do not allow on campus until speaking to Eric.*

COVID-19 Employee return to work

I, _____ attest to the following:

I have had no fever for at least three days without taking medication to reduce fever during that time. Date of last fever of 100.4 degrees or higher: _____

My respiratory symptoms (cough and shortness of breath) have improved. Date respiratory symptoms began improving: _____ (write N/A if no symptoms present)

At least 10 days have passed since my fever and/or respiratory symptoms began. Date fever and/or respiratory symptoms began: _____

Employee name: _____

Employee signature: _____

Today's date: _____

Date returned to work: _____

